## Middle School Lunch Menu

## **DECEMBER 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Drumstick with Biscuit Fruit, Yogurt & Cheese Plate (1) Turkey & Cheese Sandwich	<b>3</b> Beef Nachos Chicken & Cheese Salad Honey Mustard Chicken Wrap	<b>4</b> Sweet & Sour Chicken with Broccoli & Rice Chicken Baja Salad All-American Sub ()	5 Rotini with Meat Sauce Chicken Caesar Salad Italian Wrap ()	6 <i>Flavors of the Globe</i> Chicken Tikka Masala Chicken Shawarma Wrap All-American Chef Salad (P)
9 Rainbow Flatbread Pizza Break-fast for Lunch Pancakes, Eggs, Sausage Buffalo Ranch Chicken Salad Ham & Cheese Sandwich •	10 Rainbow Flatbread Pizza Crispitos with Cheese Honey Mustard Chicken Wrap Chicken & Cheese Salad	11 Rainbow Flatbread Pizza Chili with Roll Vegetarian Baja Salad Turkey & Cheese Sub Holiday Ice Cream	12 Rainbow Flatbread Pizza Chicken Penne Alfredo Italian Salad () Turkey & Cheese Wrap	13 Rainbow Flatbread Pizza BBQ Chicken Baked Potato Chicken Chef Salad Italian Sub ()
16 Pulled Pork Sandwich () Popcorn Chicken Salad Turkey & Cheese Sandwich	17 Beef Nachos Ham & Cheese Salad () Chicken Salad Wrap	<b>18</b> Fried Rice with Egg Roll Chicken Nacho Salad All-American Sub (?)	19 Mac & Cheese () Chicken Caesar Salad Italian Wrap ()	<b>20</b> Early Release
23 No School	24 No School	25 No School	26 No School	27 No School
30 No School	31 No School			

## **Offered Weekly:**

Mon/Wed/Fri: Cheeseburger, Chicken Sandwich, Popcorn Chicken, Pizza Sticks V, Pepperoni Pizza O Tues/Thurs: Hamburger, Spicy Chicken Sandwich, Chicken Tenders, Beef Fingers, Specialty Pizza Daily: Cheese Pizza V, Sunbutter & Jelly Sandwich V All meals offered with a choice of fruit and choice of milk (1% white and skim chocolate) \*Menu subject to change V Denotes vegetarian item



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